



4 Tips To Remember After Treatment With ARESTIN®

To help make sure you get the maximum results from your treatment, you should follow a few steps after your treatment with ARESTIN®.

- 1. Don't touch.** Avoid touching areas of your gums that we have treated.
- 2. Brush.** After 4 hours, continue to brush three times per day.
- 3. Floss.** Floss daily. Do not use other devices (hydrofloss, water pick) that clean between your teeth for at least 10 days.
- 4. Always follow up.** Because the bacteria that cause periodontal disease are persistent, the infection can return. Please be sure to make follow-up appointments with us to maintain healthy gums & teeth.